



Coronavirus continuing update

April 9, 2020

Dear Residents and Team Members,

As we move into the next phase of our fight against COVID-19 we felt it important to share the steps that we will take if the time comes when a resident is exposed to someone with a suspected or confirmed case, is symptomatic and/or tests positive for the virus in one of our Independent or Assisted Living communities. Just as in the actions that have been taken to battle the virus knocking at our door, we are following the guidance of CMS, DPH, EOE, our Medical Director, and the local Health Departments to create the guidelines outlined here:

1. A resident is exposed to someone with suspected or confirmed COVID-19 in the last 14 days:
 - a. The resident is required to self-quarantine for 14 days from the last contact with that person
 - b. Monitor and report symptoms daily to the Health Services Director or the Assisted Living Director
 - c. Provide a list of everyone you have been in contact with (within 6 feet for at least 15 minutes), since the date of your last contact to the person with suspected or confirmed COVID-19 to the Health Services or Assisted Living Director
 - d. The Health Services or Assisted Living Director will contact those residents to inform them of their need to self – quarantine
 - e. Regular housekeeping and routine maintenance services will be suspended for the isolation period
 - f. Any persons entering the apartment must wear facemask and gloves. The gloves are removed immediately after closing the door and placed in a bag.

2. A resident is experiencing symptoms that may be related to the COVID-19:
 - a. The resident should contact their primary care physician for further directions
 - b. The resident is required to self-quarantine for a minimum of 7 days from the onset of the illness and at least 3 days (72 hours) have passed after recovery. Recovery is defined as resolution of fever without the use of fever reducing medications and improvements in respiratory symptoms. Health Services or Assisted Living Director will confirm release from self-isolation
 - c. Monitor and report symptoms daily to the Health Services Director or the Assisted Living Director
 - d. Any persons entering the apartment must be in full isolation precaution PPE (gloves, gown, facemask, and goggles or face shield)

- e. Gown, Face mask, goggles or face shield are removed at the door before exiting the apartment and placed in a bag. The gloves are removed immediately after closing the door and also placed in the bag.
- f. Regular housekeeping and routine maintenance services will be suspended for the isolation period
- g. Make a list of everyone you have been in contact with (within 6 feet for at least 15 minutes), since you first got sick and provide the list to the Health Services or Assisted Living Director
- h. The Health Services or Assisted Living Director will contact those residents to inform them of their need to self – isolate

3. A resident has tested positive for COVID-19:

- a. The Department of Public Health will notify the Loomis Communities of the positive result
- b. You and anyone living in your household must remain in isolation until the public health authority tells you that you can leave your home
- c. All residents within the community will be required to temporarily self –quarantine until we receive further guidance from the Department of Public Health
- d. Any team member with confirmed exposure (within 6 feet for over 15 minutes or direct contact with infected secretions – coughed or sneezed on or touching of bodily fluids) to the resident is sent home and is to self-quarantine for a minimum of 14 days
- e. Any persons entering the apartment must be in full isolation precaution PPE (gloves, gown, facemask, and goggles or face shield)
- f. Gown, Face mask, goggles or face shield are removed at the door before exiting the apartment and placed in a bag. The gloves are removed immediately after closing the door and also placed in the bag.

The Health Services Director will provide more detailed information to anyone who may find themselves in one of these situations.

As always, please do not hesitate to contact the Executive Directors with questions or concerns.

With appreciation,

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John Armstrong
Dan Marx
Ann McIntosh
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Janet Veitch

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