



December 2018—Assisted Living



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p style="text-align: center;"><i>Meal Times</i></p> <p><i>Breakfast 8:40a.m.</i> <i>Lunch 12:30p.m.</i> <i>Dinner 5:30p.m.</i></p>	<p style="text-align: center;">Key</p> <p>ER = Emerson, 3rd Fl. TR = Thoreau, 4th Fl. TW = Twain's café RS = Rembrandt Studio LFR = Longfellow Rm, 1st Fl. LR = Living Room, 1st floor</p>		<p style="text-align: center;"><i>Happy Birthday</i></p> <p style="text-align: center;">12/12 <i>Corinne Tyler</i> 12/18 <i>Bill Elian</i> 12.28 <i>Barbara Speer</i></p>			<p style="text-align: center;">1</p> <p>10:00 Exercise with Bob 11:00 Independent Games</p> <p>2:00 Afternoon Movie 7:00 Movie (Touchtown)</p>
<p style="text-align: center;">2</p> <p style="text-align: center;">Hanukkah Begins at sundown</p> <p>10:00 Chalice of Salvation 11:00 Travel DVD 2:00 Afternoon Movie</p>	<p style="text-align: center;">3</p> <p>10:30 Get Up and Get Moving 11:00 Holiday Crafts 11:00 Independent Games 1:30 Catholic Communion 2:00 Entertainment Keir White (NC)</p>	<p style="text-align: center;">4</p> <p>10:30 Walking Program 10:30 Learning In Later Life With Edith Wharton 2:00 "Hearts" Card Game 4:00 Philosophy Club</p>	<p style="text-align: center;">5</p> <p>8:30 Ladies Breakfast (TW) 10:30 Chair Line Dancing 11:15 "Mexican Train" Dominos 2:00 Afternoon Trip (Chicopee) Polish Center Museum 7:00 Caroling w/Pastor Tim</p>	<p style="text-align: center;">6</p> <p>10:30 Bell Choir Practice (NC) 11:15 "Word Teasers" 2:00 Massage Therapy Sign up required</p> <p>2:00 Games in Living Room</p>	<p style="text-align: center;">7</p> <p>10:30 Get Up and Get Moving 11:15 "Crossword" Puzzle</p> <p>2:00 Roger Hart Photography Show</p>	<p style="text-align: center;">8</p> <p>10:00 Exercise with Bob 11:00 Independent Games</p> <p>2:00 Afternoon Movie 7:00 Movie (Touchtown)</p>
<p style="text-align: center;">9</p> <p>10:00 Chalice of Salvation 11:00 Travel DVD 2:00 Afternoon Movie</p>	<p style="text-align: center;">10</p> <p style="text-align: center;">Hanukkah Ends</p> <p>10:30 Get Up and Get Moving 11:00 Morning Manicures 2:00 Reading "Reminisce" 7:00 Christmas Carols/hymns With Freedom Choir (LFR)</p>	<p style="text-align: center;">11</p> <p>10:30 Walking Program 11:15 Resident Council Meeting Followed by games 2:00 "Hangman" 2:30 "Word Search"</p>	<p style="text-align: center;">12</p> <p>10:30 Morning Bingo</p> <p>2:00 Chair Line Dancing</p> <p>2:30 "Scrabble" Game</p>	<p style="text-align: center;">13</p> <p>10:30 Bell Choir Practice (NC) 1:45 Movie Club "Only The Brave" Based on a true story 7:00 Christmas Carols with Cub Scout Pack 303</p>	<p style="text-align: center;">14</p> <p>10:30 Get Up and Get Moving 11:15 "Crossword" Puzzle 2:00 Goodtime Singers Monthly Birthday Followed by X-mas Sweater Fashion Show</p>	<p style="text-align: center;">15</p> <p>10:00 Exercise with Bob 11:00 Independent Games</p> <p>2:00 Afternoon Movie 7:00 Movie (Touchtown)</p>
<p style="text-align: center;">16</p> <p>10:00 Chalice of Salvation 11:00 Travel DVD 2:00 Afternoon Movie</p>	<p style="text-align: center;">17</p> <p>10:30 Get Up and Get Moving 11:00 Baking 11:00 Independent Games 2:00 Entertainment ROTC Students (Central HS)</p>	<p style="text-align: center;">18</p> <p>10:30 Walking Program 11:15 Independent Games</p> <p>2:00 Holiday Victorian Carolers (LFR)</p>	<p style="text-align: center;">19</p> <p>8:30 Ladies Breakfast (TW) 10:30 Morning Bingo 1:45 Catholic Mass 2:15 Chair Line Dancing Followed by games</p>	<p style="text-align: center;">20</p> <p>10:30 Bell Choir Concert (NC) X-Mas Finale 11:15 "Rummykub" Game 2:00 Massage Therapy Sign up required</p> <p>2:00 Games in Living Room</p>	<p style="text-align: center;">21</p> <p>10:30 Get Up and Get Moving 11:15 "Crossword" Puzzle</p> <p>2:00 "Majong" Game 7:00 Ho Ho Ho Down with Sarah the Fiddler</p>	<p style="text-align: center;">22</p> <p>10:00 Exercise with Bob 11:00 Independent Games</p> <p>2:00 Afternoon movie 7:00 Movie (Touchtown)</p>
<p style="text-align: center;">23</p> <p>10:00 Chalice of Salvation 11:00 Travel DVD 2:00 Afternoon Movie</p>	<p style="text-align: center;">24</p> <p>10:30 Get Up and Get Moving 11:00 Morning Manicures</p> <p>2:00 Christmas Eve Sing-a-long</p>	<p style="text-align: center;">25</p>  <p style="text-align: center;">Christmas Eve Buffet 12:00—1:30p.m.</p>	<p style="text-align: center;">26 Kwanzaa begins</p> <p>10:30 Morning Bingo</p> <p>2:00 Chair Line Dancing Followed by "Hearts" Card Game"</p>	<p style="text-align: center;">27</p> <p>10:30 Bell Choir Practice (NC) 2:00 TED Talks "What makes a good life" Lessons from the longest study Of happiness</p>	<p style="text-align: center;">28</p> <p>10:30 Get Up and Get Moving 11:15 "Crossword" Puzzle</p> <p>1:30 Ecumenical Service 2:00 New Year's Eve Social</p>	<p style="text-align: center;">29</p> <p>10:00 Exercise with Bob 11:00 Independent Games</p> <p>2:00 Afternoon Movie 7:00 Movie (Touchtown)</p>
<p style="text-align: center;">30</p> <p>10:00 Chalice of Salvation 11:00 Travel DVDE 2:00 Afternoon Movie</p>	<p style="text-align: center;">31</p> <p>10:30 Exercise with Bob 11:15 Independent Games</p> <p>7:00 New Year's Eve Party Sign Up required (LFR)</p>					