

MAY 2018 INDEPENDENT LIVING PROGRAM CALENDAR

WEEKLY ONGOING EVENTS

Sunday:
9:00 AM Rides to Religious Services

Monday: Rides to Medical Appointments
9:00 AM Chair Aerobics
10:30 AM Creative Writing - RS
11AM-1PM Corner Store Open
2:00 PM Current Events
4:15 PM Prayer Group - ER
6:30PM Knitting & Crocheting (RS)
7:00 PM Movie

Tuesday: Rides to Medical Appointments
8:30 AM Core Exercises
9:15 AM Fitness Center Staffed
10:00 AM Grocery Shopping
12:00 PM Grocery Shopping
7:00 PM Interfaith Service

Wednesday:
9-1 Bank Open
8:30 Fitness Center Staffed
10:00 AM Sit and Stretch w/ Debby and Bob
11AM-1PM Corner Store Open
3:00 PM Tai Chi

Thursday: Rides to Medical Appointments
8:30 AM Core Exercises
9:15 AM Fitness Center Staffed
9:45 AM Chair Yoga with Tara (LR)
10:30 AM Coffee and Baked Goods
2:00pm Ted Talks w/ Dan
4:00 PM Bible Study (TR)

Friday:
8:30 AM Men's Breakfast (Twain's)
9:00 AM Chair Aerobics
11AM-1PM Corner Store Open
7:00 PM Movie

Saturday:
11AM-1PM Corner Store Open
12:00 PM Duplicate Bridge
4:00 Ping Pong
7:00 Movie

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Key HR=Hawthorne, 2nd flr. ER = Emerson,3rd flr. TR = Thoreau, 4th flr. TW=Twain's Café RS=Rembrandt Studio LR=Living Room</p>	<p>Twains Hours Monday-Friday 9:00-3:00 4:30-6:30</p> <p>Saturday 10:00-2:00</p>	<p>1 10 - 12 Art Group (RS) 10&12 Depart Stop & Shop</p> <p>1:30 Beading w/ Sandy 4:00 Philosophy Club</p>	<p>2 9:00 Ladies Breakfast (TW)</p> <p>10:30 Learning in Later Life "Poets of Our Time"</p> <p>7:00 Opera Night</p>	<p>3 11:00 Alterations by Suzanne (LR)</p> <p><i>No TED Talks</i> <i>with Dan Marx</i></p>	<p>4 10:30 Depart 16 Acres Shopping Trip & Dollar Tree</p> <p>6:30 Depart OPRO Concert</p> <p>7:00 Movie</p>	<p>5 7:00 Movie</p>
<p>6 2:00 Artscapades ??? Title</p> <p>5:00 to 7:00 ? Sit Down Dinner</p>	<p>7 1:30 Open Hours with Carol Constant (LR) ????? Date</p> <p>7:00 Movie</p>	<p>8 10 - 12 Art Group (RS) 10&12 Depart Big Y LLL? 4:00 The Fall and Rise of China</p>	<p>9 7:00 Photo Club</p>	<p>10 11:00 Smith Jeweler's 11:00 Lecture with Select Rehab ? Title</p> <p>2:00 TED Talks with Dan Marx</p>	<p>11 3:30pm Wilbraham Middle School Strings & Friends Concert</p> <p>7:00 Movie</p>	<p>12 ?????? Bridge 7:00 Movie</p>
<p>13 Mother's Day</p> <p>5:00 to 7:00 ? Sit Down Dinner</p>	<p>14 7:00 Movie</p>	<p>15 10&12 Depart Stop & Shop 10 - 12 Art Group (RS)</p>	<p>16 9:00 Ladies Breakfast (TW) 10:30 Learning in Later Life "Poets of Our Time" <i>No Tai Chi</i> 4:00 Resident Association Meeting 6:15 Depart Majestic</p>	<p>17 11:00 Alterations by Suzanne (LR)</p> <p>2:00 TED Talks with Dan Marx</p>	<p>18 10:00 Bereavement Support Group</p> <p>7:00 Wilbraham Women's Choral Group</p>	<p>19 6:45 Depart Symphony 7:00 Movie</p>
<p>20 5:00 to 7:00 ? Sit Down Dinner</p>	<p>21 10:30 Community Update ??????? Date</p> <p>7:00 Movie</p>	<p>22 10 - 12 Art Group (RS) 10&12 Depart Big Y</p> <p>4:00 The Fall and Rise of China</p>	<p>23 No Tai Chi 7:00 Photo Club</p>	<p>24</p>	<p>25 10:00 Stroke Support Group (TR) 1:30 Ecumenical Service (HR) 7:00 Creative Writers on Parade</p>	<p>26 7:00 Movie</p>
<p>27 5:00 to 7:00 ? Sit Down Dinner</p>	<p>28 Memorial Day 7:00 Movie</p>	<p>29 10&12 Depart Stop & Shop 10 - 12 Art Group (RS)</p>	<p>30 Spring Reception No Tai Chi</p>	<p>31</p>	<p>Do you have a movie you are interested in seeing??</p> <p>Please place your suggestion on our Movie Suggestion sheet lo- cated in the Interest Book at the front desk!</p>	<p>Touchtown is found on Channel 918</p>