

MARCH 2018 INDEPENDENT LIVING PROGRAM CALENDAR

WEEKLY ONGOING EVENTS

Sunday:
9:00 AM Rides to Religious Services

Monday: Rides to Medical Appointments
9:00 AM Chair Aerobics
10:30 AM Creative Writing - RS
11AM-1PM Corner Store Open
2:00 PM Current Events
4:15 PM Prayer Group - ER
6:30PM Knitting & Crocheting (RS)
7:00 PM Movie

Tuesday: Rides to Medical Appointments
8:30 AM Core Exercises
9:15 AM Fitness Center Staffed
10:00 AM Grocery Shopping
12:00 PM Grocery Shopping
7:00 PM Interfaith Service

Wednesday:
9-1 Bank Open
8:30 Fitness Center Staffed
10:00 AM Sit and Stretch w/
Debby and Bob
11AM-1PM Corner Store Open
3:00 PM Tai Chi

Thursday: Rides to Medical Appointments
8:30 AM Core Exercises
9:15 AM Fitness Center Staffed
9:45 AM Chair Yoga with Tara (LR)
10:30 AM Coffee and Baked Goods
4:00 PM Bible Study (TR)
7:00 Movie

Friday:
8:30 AM Men's Breakfast (Twain's)
9:00 AM Chair Aerobics
11AM-1PM Corner Store Open
7:00 PM Movie

Saturday:
11AM-1PM Corner Store Open
12:00 PM Duplicate Bridge
4:00 Ping Pong

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Twains Hours</p> <p>Monday-Friday 9:00-3:00 4:30-6:30</p> <p>Saturday 10:00-2:00</p>	<p>Key HR=Hawthorne, 2nd flr. ER = Emerson,3rd flr. TR = Thoreau, 4th flr. TW=Twain's Café RS=Rembrandt Studio LR=Living Room</p>	<p>Touchtown is found on Channel 918</p>	<p>Do you have a movie you are interested in seeing??</p> <p>Please place your suggestion on our Movie Suggestion sheet located in the Interest Book at the front desk!</p>	<p>1</p> <p>8:30 Core Exercise (HR)</p> <p>1:30 Leave Your Legacy (StoryCorps) with Duggan Academy</p>	<p>2</p> <p>10:30 Depart 16 Acres Shopping Trip & Dollar Tree</p> <p>5:15 Depart OPRO Concert at Minechaug High School</p> <p>7:00 Movie</p>	<p>3</p> <p>1:00pm Depart Big Band Broadcast</p> <p>7:00 Movie</p>
<p>4</p> <p>5:00 to 7:00 Sit Down Dinner</p>	<p>5</p> <p>7:00 Movie</p>	<p>6</p> <p>10 - 12 Art Group (RS) 10&12 Depart Stop & Shop 1:30 Beading w/ Sandy 4:00 Philosophy Club</p>	<p>7</p> <p>9:00 Ladies Breakfast (TW)</p> <p>7:00 Opera Night</p>	<p>8</p> <p>11:00 Smith Jeweler's</p> <p>1:30 Leave Your Legacy (StoryCorps) with Duggan Academy</p>	<p>9</p> <p>11:30 Depart Lunch Bunch Storowton Tavern</p> <p>7:00 Pianist Ethan Stone</p>	<p>10</p> <p>12:00pm Depart Met Opera</p> <p>1:15pm Depart Majestic</p> <p>7:00 Movie</p>
<p>11 Daylight Savings Time</p> <p>11:30 to 2:00 Brunch</p>	<p>12</p> <p>10:30 Community Update 2:30 Open Hours with Carol Constant (LR)</p> <p>7:00 Movie</p>	<p>13</p> <p>10 - 12 Art Group (RS) 10&12 Depart Big Y</p> <p>4:00 The Fall and Rise of China</p>	<p>14</p> <p>10:00 Depart Ingleside Mall</p> <p>7:00 Photo Club</p>	<p>15</p> <p>11:00 Alterations by Suzanne (LR)</p>	<p>16</p> <p>10:00 Bereavement Support Group 11:15 Depart Lunch Bunch Slainte 's</p>	<p>17 St. Patrick's Day</p> <p>7:00 Movie</p>
<p>18</p> <p>2:00 Sarah the Fiddler</p> <p>5:00 to 7:00 Sit Down Dinner</p>	<p>19</p> <p>7:00 Movie</p> <p>7:00 Movie</p>	<p>20</p> <p>10&12 Depart Stop & Shop 10 - 12 Art Group (RS)</p>	<p>21</p> <p>9:00 Ladies Breakfast (TW) 10:00 Sit and Stretch w/ Debbie and Bob (TR)</p> <p>7:00 Resident Association Meeting</p>	<p>22</p>	<p>23</p> <p>10:00 Depart Mt. Holyoke Museum Quilt Show 10:00 Stroke Support Group (TR)</p> <p>3:00 Spring Fling Wine Social</p>	<p>24</p> <p>6:45 Depart Symphony</p> <p>7:00 Movie</p>
<p>25</p> <p>5:00 to 7:00 Sit Down Dinner</p>	<p>26</p> <p>7:00 Movie</p>	<p>27</p> <p>10 - 12 Art Group (RS) 10&12 Depart Big Y</p> <p>4:00 The Fall and Rise of China</p>	<p>28</p> <p>1:30 Learning in Later Life "Israel at 70- Problems and Possibilities"</p> <p>6:15 Depart Majestic Theatre</p> <p>7:00 Photo Club</p>	<p>29</p> <p>2:00 Lecture: Fraud Prevention with Robin Putnam from The Office of Consumer Affairs</p>	<p>30</p> <p>10:00 Depart for Marshalls</p> <p>1:30 Ecumenical Service (HR)</p>	<p>31</p> <p>12:00pm Depart Met Opera</p> <p>7:00 Movie</p>