

DECEMBER 2018 INDEPENDENT LIVING PROGRAM CALENDAR

WEEKLY ONGOING EVENTS

Sunday:

9:30 AM Rides to Religious Services
7:00 PM Movie

Monday: Rides to Medical Appointments

9:00 AM Chair Aerobics
10:30 AM Creative Writing - RS
11AM-1PM Corner Store Open
2:00 PM Current Events
4:15 PM Prayer Group - ER
6:30PM Knitting & Crocheting (RS)
7:00 PM Movie

Tuesday: Rides to Medical Appointments

8:30 AM Core Exercises
9:15 AM Fitness Center Staffed
10:00 AM Grocery Shopping
12:00 PM Grocery Shopping
7:00 PM Interfaith Service

Wednesday:

9-1 Bank Open
8:30 Fitness Center Staffed
10:00 AM Sit and Stretch w/
Debby and Bob
11AM-1PM Corner Store Open
3:00 PM Tai Chi

Thursday: Rides to Medical Appointments

8:30 AM Core Exercises
9:15 AM Fitness Center Staffed
9:45 AM Chair Yoga with Tara (LR)
10:30 AM Coffee and Baked Goods
2:00pm Ted Talks w/ Dan
4:00 PM Bible Study (TR)

Friday:

8:30 AM Men's Breakfast (Twain's)
9:00 AM Chair Aerobics
11AM-1PM Corner Store Open
7:00 PM Movie

Saturday:

11AM-1PM Corner Store Open
12:00 PM Duplicate Bridge
5:00 Ping Pong
7:00 Movie

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Do you have a movie you are interested in seeing??</p> <p>Please place your suggestion on our Movie Suggestion sheet located in the Interest Book at the front desk!</p>	<p>Key HR=Hawthorne, 2nd flr. ER = Emerson,3rd flr. TR = Thoreau, 4th flr. TW=Twain's Café RS=Rembrandt Studio LR=Living Room</p>	<p>Touchtown is found on Channel 918</p>				<p>1</p> <p>7:00 Movie</p>
<p>2</p> <p>5:00 to 7:00pm Sit Down Dinner 2:15 Depart Wilbraham Mixed Chorus St. Cecilia's</p> <p>7:00 Movie</p>	<p>3</p> <p>Depart at 10:00 MGM Casino</p>	<p>4</p> <p>10 - 12 Art Group (RS) 10&12 Depart Big Y 10:30 Learning in Later Life "Edith Wharton" 1:30 Beading with Sandy 4:00 Philosophy Club</p>	<p>5</p> <p>8:30 Ladies Breakfast (TW) 10:00 Sit & Stretch (TR)</p> <p>6::15 Depart Majestic</p> <p>7:00 Opera Night</p> <p>7:00 Photo Club</p>	<p>6</p> <p>8:30 Core Exercise (HR)</p> <p>11:00 Alterations by Suzanne (LR)</p>	<p>7</p> <p>10:30 Depart 16 Acres Shopping Trip & Dollar Tree</p> <p>7:00 Movie</p>	<p>8</p> <p>6:45 Depart for the Symphony Hall Holiday Celebration</p> <p>7:00 Movie</p>
<p>9</p> <p>1:15 Depart Majestic</p> <p>11:30 to 2:00pm Brunch</p> <p>7:00 Movie</p>	<p>10</p> <p>6:15 Depart Bright Nights</p> <p>7:00 Christmas Carols and Hymns with the Freedom Choir</p>	<p>11</p> <p>10&12 Depart Stop & Shop 10 - 12 Art Group (RS) 1:30 Open Office Hours with Carol Constant (Living Room) 2:30 Parkinson's Support Group (TR) 4:00 History of the English Language</p>	<p>12</p> <p>11:15 Depart Steaming Tender Lunch Bunch</p> <p>7:00 Photo Club</p>	<p>13</p> <p>11:00 Smith Jeweler's</p> <p>7:00 Christmas Carols w/ Cub Scout Pack 303</p>	<p>14</p> <p>10:00 Depart for Chicopee Walmart Plaza & Aldi's Super Market 3:00 Holiday Wine Party</p> <p>7:00 Movie</p>	<p>15</p> <p>12:15 Depart for Met Opera "La Traviata"</p> <p>7:00 Movie</p>
<p>16</p> <p>5:00 to 7:00pm Sit Down Dinner</p> <p>7:00 Movie</p>	<p>17</p> <p>10:00 Community Update</p> <p>7:00 Movie</p>	<p>18</p> <p>10 - 12 Art Group (RS) 10&12 Depart Big Y</p>	<p>19</p> <p>8:30 Ladies Breakfast (TW) 10:00 Depart Ginger Bread House Exhibit at Springfield Museum</p> <p>7:00 Resident Association</p>	<p>20</p> <p>11:00 Alterations by Suzanne (LR)</p>	<p>21</p> <p>10:00 Depart Marshalls Shopping Trip 10:00 Bereavement Support Group</p> <p>7:00 Ho Ho Ho Down with Sarah the Fiddler</p> <p>7:00 Movie</p>	<p>22</p> <p>7:00 Movie</p>
<p>23/30</p> <p>5:00 to 7:00pm Sit Down Dinner</p> <p>7:00 Movie</p>	<p>24</p> <p>Christmas Eve Buffet 12:00 to 2:00pm</p> <hr/> <p>31</p> <p>New Year's Eve Buffet 12:00 to 2:00pm 6:00 New Years Eve Party</p>	<p>25 Christmas</p>	<p>26</p> <p>10&12 Depart Stop & Shop</p> <p>7:00 Photo Club</p>	<p>27</p>	<p>28</p> <p>10:00 Stroke Support Group (TR)</p> <p>1:30 Ecumenical Service</p> <p>7:00 Movie</p>	<p>29</p> <p>7:00 Movie</p>