

Coronavirus continuing update March 16, 2020

Dear Residents and Team Members,

We hope that this correspondence finds you all healthy and coping with this very difficult time for everyone. Since our last letter just 4 days ago (March 12), there have been many new developments for the country and Massachusetts specifically regarding the handling of the Coronavirus (COVID-19).

As you are likely aware, Governor Baker spoke yesterday outlining new guidelines under which we must operate. In addition, CMS has issued further regulations for our skilled nursing area. In light of these two new developments we are moving to the next step in our fight against the spread of this virus throughout the Loomis communities.

You will see throughout this document the term "social distancing". The definition of this has been set by the Department of Public Health whereby it states a distance of 6 feet between people must be maintained for safety of each person.

The updates to the earlier changes outline in the March 12th letter includes the following:

Dining Services

- The restaurants/dining rooms will be closed for the consumption of food or beverage beginning Tuesday March 17.
- Dinner meals will be delivered to each person's home at no charge.
- The cafes will be open for takeout of breakfast and lunch only and we must follow the social distancing (6 feet) protocols for pickup of the meal, you will not be able to dine in the café itself.
- Grocery items will be available as usual (as available).
- We encourage you to invite each other to share a meal in your home, if you feel comfortable with that.
- A separate document outlining the procedure for ordering and receiving dinners will be sent to you later today.

Programs and Events

We will continue the cancellation of all programs with outside presenters.

Fitness Centers and Loomis Village Pool

- These areas will continue to be limited to residents and team members only, social distancing protocols (6 feet) apply.
- Residents from Applewood and Loomis Lakeside at Reeds Landing can continue to use the pool

External Groups

 We will continue the cancellation of programs that includes outside persons such as Learning in Retirement and Learning in Later Life.

External Trips

 Scheduled bus trips to medical appointments, and shopping will continue. Social distancing (6 feet) rules will apply.

Resident Gatherings

- Programs or meetings that include only residents and/or team members will continue but are limited to 25 and social distancing (6 feet) rules apply.
- Residents are encouraged to share ideas and possibly use this time to engage in gatherings that could foster connectedness and support for each other.

Residents and Team Members Return from Travel

- Team members returning from International travel within the prior 14 days to countries with sustained community transmission will be required to self-quarantine for 14 days and are eligible for return to work or usual routine on Day 15.
- Residents returning from cruise ship or air travel will be asked to self-quarantine and seek guidance from their healthcare professional for any other actions.

Visitors (including contractors, vendors and health care workers)

- Visitation is restricted in the Skilled Nursing neighborhood.
- The guidelines for visitors to Independent and Assisted Living homes remain as outline in the March 12th letter (attached for your reference).
- Residents should discourage all visitors whenever possible, but instead utilize skype, facetime, zoom or similar means to interact with family and friends.

These changes will become effective Tuesday March 17th.

Please be aware that we are monitoring the situation continually and are responding as quickly as possible.

We thank you for your ongoing patience and understanding as we work together to minimize the risk to all of us for contracting and spreading the virus. Residents play a prominent role in sharing this information with family and friends and using your good judgement in these times to protect each other.

As always, please do not hesitate to contact the Executive Directors with questions or concerns.

With appreciation,

Nancy Eddy John Armstrong Dan Marx Ann McIntosh Carolyn Hoyt Janet Veitch Margaret Mantoni Robert Claflin Craig Johnsen Maureen O'Toole March 16, 2020

Guidelines for Visitors

In accordance with CDC guidelines, Massachusetts Department of Public Health and Office of Elder Affairs, The Loomis Communities is implementing the following guidelines for all visitors. (Including vendors, contractors and health care workers)

Residents may want to discourage or limit family friends from visiting or staying overnight, especially children

All visitors must enter through the main lobby entrance Visitors will be screened upon entering the building Visitation by those who meet any of the criteria listed below will not be permitted to enter at that time:

- Signs or symptoms of a respiratory infection such as fever, cough, shortness of breath, or sore throat
- In the last 14 days, has had contact with someone with a confirmed diagnosis of COVID-19, or under investigation for COVID-19, or are ill with respiratory illness.
- International travel within the prior 14 days to countries with sustained community transmission
- Residing in a community where known community-based spread is occurring

We truly understand what a hardship these changes will have on residents. It is our sincere hope that these changes will be short-lived. Thank you for your understanding and support of these measures.