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Loomis Life

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All of us at The Loomis Communities hope that you and yours have a wonderful and safe holiday season.

Be on the lookout for some fun happenings coming in 2023!

If you have any event suggestions, contact us at the email or phone number on the back of this newsletter. We welcome your feedback.

A Full Continuum of Care at Loomis

Different criteria matter to different people when trying to identify the right senior living community. Quality amenities, a top-tier dining program, loyal staff, varied fitness opportunities, and dynamic events often top the list. While these offerings and more are found at a multitude of communities, a comprehensive continuum of care is not. Having robust healthcare options is a critical factor to consider when making your selection, and it's something you'll find at The Loomis Communities.



This feature allows you to reside in independent living, assisted living, and skilled nursing without having to navigate the hurdles of another move as your needs progress. Loomis Lakeside at Reeds Landing has all three levels of care under one roof — the only community in the Pioneer Valley to offer such an arrangement.

A full spectrum of healthcare is especially beneficial for couples, particularly when one partner has advanced challenges. With the continuum of care, you can be down the hall rather than down the road from one another; you can also transition through the levels of care together. This has been the deciding factor for so many Loomis residents, including Jack Henry, who lives at Loomis Lakeside at Reeds Landing with his spouse who has Parkinson's disease.

"We had originally gone to another community and even put a down payment on an apartment," Henry says. "We had a friend who said, 'Why don't you come down [to Loomis] and meet with Helen Kidess. They have a tri-level community.' If I was to go to another community and my wife was to get worse, which she was going to with Parkinson's, I would have to move her out of that community and locate her somewhere else."

This would have meant car commutes for visits; at Loomis, he is able to simply stroll down the hall to see his wife.

"We didn't need to be separated," he says. "It was the best decision that we ever made."

Operating with a social model is an additional way our team members attend to residents' lifelong wellness. "The base of people who had my back and talked to me when she was [in skilled nursing] were my rock!" Henry says. "There were all these people who gave me support that I would not have had if we were at home."

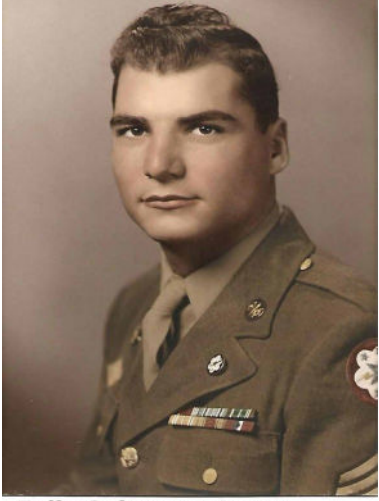
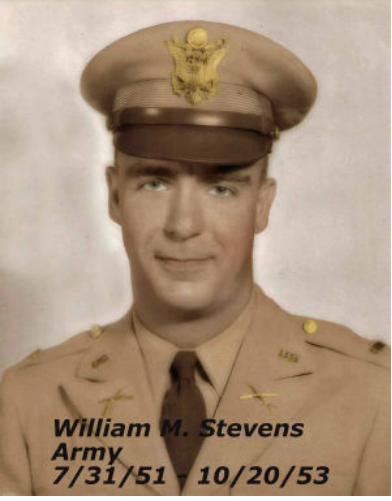
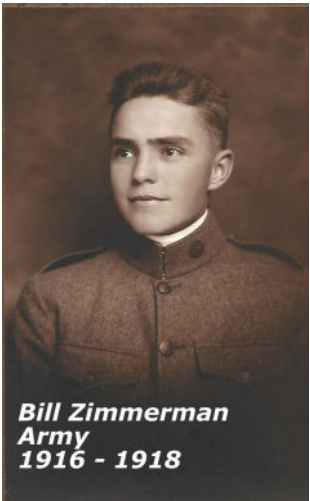
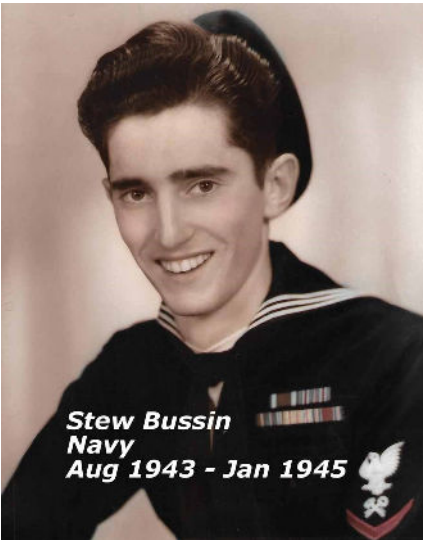
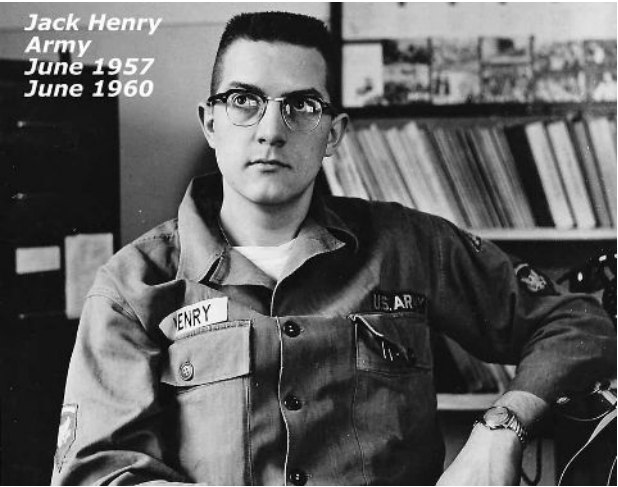


Connecting with others, partaking in exercise, and enjoying nutritious meals are all known to boost physical health and mental sharpness. Calendars filled with varied programs and events help residents remain active and engaged. This is why they are key components of everyday operations at The Loomis Communities.

Learn more about how you can take advantage of a full continuum of care. Email or call us at the addresses found in this newsletter. We'd love to discuss the many options available.

A Salute to Service

This November, we are proud to highlight some of the residents and team members who have protected the freedoms we know and enjoy. This edition of *Loomis Life* is dedicated to them as a small token of gratitude for their service.



A Giving of Thanks

There is so much for us to be grateful for at The Loomis Communities. It was tough to choose, but we have done our best to highlight a few of the many reasons why we are thankful this year.



We are thankful for being able to give back through outreach and community efforts. The Alzheimer's Walk and our annual school supply drive are just two examples.



This year, we have enjoyed the opportunity for togetherness again in group settings -- venturing to exhibits and breweries and gathering as one to welcome the addition of new spaces. We look forward with anticipation for even more occasions to come in the new year!



Our amazing team! The Loomis Communities team members arrive to work everyday with dedication and commitment, and we are especially grateful for them.

