



246 North Main Street
South Hadley, MA 01075

Loomis Life

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As we inch closer to year end, we welcome your feedback.

Is there a topic you'd like to see us cover at the Loomis Communities? Please connect with us using the contact information found at the bottom of this newsletter.

Want to catch up on past editions of *Loomis Life*? Scan the QR Code below.



Giving Back and Doing Our Part

In the month of November, a lot of people tend to give back to their local community. Whether you're donating food or time at the local food pantry, sponsoring a child or family for the upcoming holidays, or volunteering in the cities and towns you call home; its great to give back and be thankful.

For not-for-profit organizations, giving back to the communities we serve is a year long endeavor. While at the Loomis Communities our mission is to open doors to worlds of positive aging, we also want to find ways to give back to not only Amherst, South Hadley, and Springfield; but the Pioneer Valley as a whole. We are so thankful to be able to serve so many older adults through independent living, assisted living, and skilled nursing living options at three communities.

Throughout the holiday season, the Loomis Communities will be helping with several initiatives in our local communities. If you're looking for a way to give back, we welcome you to join us! Here are a few of the ways we have on tap for the month ahead:

- Hat and Mitten tree at Loomis Village
- Pick a gift tree at Applewood
- Toy drive for Mount Zion Baptist Church at Loomis Lakeside at Reeds Landing
- Non-perishable food drives at all three campuses
- Playing card donations at Loomis Village for older adults in South Hadley.

There are nearly 1.3 million not-for-profit organizations in the United States that are helping to shelter, educate, inspire, enlighten, and nurture people from all various forms of backgrounds. The impact of a not-for-profit can be felt at the community level where the needs are directly met. If you have been to an event at the South Hadley, Wilbraham, Pleasant View, or Longmeadow senior centers; you may have seen us serving up some amazing food that our chefs have prepared. This year, we have been sponsoring lunches and hosting cooking demonstrations. These events have allowed us to bring some of the delicious recipes that our chefs have curated to a larger audience, and to give something back to the communities we call home. We have several more of these events on tap and we hope to see some of you there.

This time of year is also a time to sit back, and give thanks for the wonderful gifts we all have. At the Loomis Communities, we are thankful for so many things, so this list is not all inclusive:

- The residents who call the Loomis Communities home
- The team members who dedicate so much of their time to making Loomis a wonderful place to live and work
- Our local communities for welcoming us with open arms and supporting our endeavors to better the lives of older adults
- And.... All of YOU!



Last year's giving tree at Applewood that helped more than 75 children!

Writing Their Own Retirement Stories

The Loomis Communities woodshops, at each campus, allow residents to teach and learn new skills, resume passions, develop new hobbies, and engage in new experiences. When artisans who call Loomis home join forces to teach fellow residents their craft, the Bloom concept we've been sharing each month in the newsletter truly comes to life!

Randy Hyvonen and John Schechter, of Loomis Village (who just so happen to be master wood workers), demonstrated this very idea earlier last month; they taught several fellow residents how to transform a simple piece of wood into a functional, beautiful writing utensil by working the lathe and other shop machines. This woodshop introduction allowed participants to work hands-on with the carpentry trade in a safe environment.

Lathes are a newer addition to the Loomis Village woodshop. They allow the creation of functional, simple items, such as pens to more complex pieces like bowls, cups, and other cutlery from sizable cuts of wood. Projects like these naturally embody multiple aspects of our Bloom wellness facets — whether in the form of occupational wellness or social, emotional, and intellectual connections formed while working side-by-side in the shop. In the woodshops, and beyond, Loomis residents have the opportunity to bloom in multiple aspects of their daily living.



Updates from Construction Central

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Want to learn more? Have an idea to share? We want to hear from you!

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